

**P. Douglas Nielson, MD**  
Health Center  
BYU-H # 1728  
55-220 Kulanui Street, Bldg. 5  
Laie, HI 96762-1293  
Ph.: (808) 675-3510 Fax: (808) 675-3506

## PATIENT INFORMATION SHEET

Patient Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_  
LAST FIRST MI MONTH DAY YEAR

Parent/Guardian Name (if pt. under 18 years old): \_\_\_\_\_

Local/School Address: \_\_\_\_\_ Local Ph.: ( ) \_\_\_\_\_

Home Address: \_\_\_\_\_ Home Ph.: ( ) \_\_\_\_\_

Social Security #: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Gender: Male/Female Marital Status: \_\_\_\_\_

Employer: \_\_\_\_\_ Work Ph.: \_\_\_\_\_ BYU-H ID #: \_\_\_\_\_

Account #: \_\_\_\_\_

### INSURANCE INFORMATION: Please fill in the appropriate insurance information.

#### DMBA STUDENT INSURANCE

#### OTHER/PRI. INSURANCE

Insured's BYU-H ID#: \_\_\_\_\_

Insurance Co.: \_\_\_\_\_

DMBA ID #: \_\_\_\_\_

Policy Holder: \_\_\_\_\_

Name: \_\_\_\_\_

Policy Holder Birth date: \_\_\_\_\_

Birth date: \_\_\_\_\_

Policy Holder S.S. #: \_\_\_\_\_

Group #: \_\_\_\_\_

Address of Ins. Co.: \_\_\_\_\_

### EMERGENCY CONTACT:

In case of emergency, please notify: \_\_\_\_\_ Ph.: \_\_\_\_\_

Relationship to Patient: \_\_\_\_\_

### PERMISSION TO BE TREATED:

- I authorize the physicians and nurses employed by the BYU-Hawaii Student Health Center to provide to me reasonable and proper medical care as defined by today's standards.
- In accordance with Act 206 1995, I understand that I have a choice whether or not to have my symptom(s) or condition listed on my prescription label. Please indicate your preference:

\_\_\_\_\_ I give permission to have my symptom(s) or condition listed on my prescription label.

\_\_\_\_\_ I **DO NOT** wish to have my symptom(s) or condition listed on my prescription label.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

PATIENT, PARENT OR LEGAL GUARDIAN

**MEDICAL HISTORY FORM**

Patient Name: \_\_\_\_\_ Age: \_\_\_\_\_ Birth date: \_\_\_\_\_  
*please print*

Medical History: To be completed by the patient/parent/legal guardian and reviewed by your health care provider. Information on this form and in your medical records is confidential and can only be released to a third party with your written authorization.

**Past Medical History**

Major illnesses (list, date)	_____
Surgeries	_____
Hospitalization	_____
Injuries	_____

Allergies to medications/food (list med/food and type of reaction): \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Current medications and dosage: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Habits**

Diet: \_\_\_\_\_ Number of meals/day: \_\_\_\_\_ Any special dietary restrictions? \_\_\_\_\_  
 Exercise: \_\_\_\_\_ type of exercise: \_\_\_\_\_ number of hours/week: \_\_\_\_\_

**General**

Recent change in weight? \_\_\_\_\_ Have you ever vomited for weight control? \_\_\_\_\_  
 Have you ever participated in any activities that would put you at risk of getting AIDS/HIV? \_\_\_\_\_  
 Have you ever put drugs into your veins? \_\_\_\_\_  
 Do you think you have problems with depression? \_\_\_\_\_ nervousness/anxiety? \_\_\_\_\_ weakness/fatigue? \_\_\_\_\_

**Females**

_____ Age menses began	Menses every _____ days	_____ Days of bleeding
_____ # of pregnancies	_____ Spotting between periods	_____ History of sexually transmitted disease?
_____ # of deliveries	_____ Vaginal itching	_____ Birth control method _____
_____ # of abortions (miscarriages or induced)		_____ How often do you examine your breasts?

**Males**

_____ How often do you examine your testicles for masses?	_____ Testicular pain
_____ Testicular masses	_____ Sores on penis
_____ History of sexually transmitted diseases	_____ Discharge from penis

**Have you ever had or have a family history of:**

- Y N 1. Heart disease/surgery?
- Y N 2. Diabetes or sugar in the urine?
- Y N 3. A goiter or other thyroid disease?
- Y N 4. High blood pressure?
- Y N 5. Excessive bleeding?
- Y N 6. A tumor, growth, cyst or cancer?
- Y N 7. A dependency on medications or drugs?
- Y N 8. A stroke?
- Y N 9. Professional counseling for emotional problems?
- Y N 10. Medication/hospitalization for emotional problems?
- Y N 11. Tuberculosis?
- Y N 12. A knee injury?
- Y N 13. Limb loss or other deformities?
- Y N 14. Arthritis or swollen, painful joints?
- Y N 15. A back injury or deformity?
- Y N 16. A pain or pressure in the chest?
- Y N 17. Asthma or wheezing?
- Y N 18. Stomach or intestinal ulcers?
- Y N 19. Seizures, convulsions or epilepsy?
- Y N 20. Kidney disease or stones?
- Y N 21. A suicide attempt?
- Y N 22. Anorexia or bulimia?

**Do you have or have experienced THIS YEAR:**

- Y N 1. Ear pain or any problems with hearing?
- Y N 2. Eye discomfort or difficulty seeing?
- Y N 3. Frequent headaches?
- Y N 4. Dizziness or fainting spells?
- Y N 5. Hay fever or nasal problems?
- Y N 6. Food allergies?
- Y N 7. Hives or skin allergies?
- Y N 8. Skin sores or rashes?
- Y N 9. Warts or sores on feet?
- Y N 10. A lump, new or changing mole?
- Y N 11. Coughing, frequent sore throat?
- Y N 12. Spitting or coughing up blood?
- Y N 13. Sweating at night?
- Y N 14. Stomachaches, burning or indigestion?
- Y N 15. Urinary burning, frequent urination or dark urine?
- Y N 16. Difficulty starting urine stream or dribbling problem?
- Y N 17. Pain in back, neck or joints?
- Y N 18. Difficulty walking, running or lifting?
- Y N 19. Hernia?
- Y N 20. Unexplained weight loss?
- Y N 21. Frequent diarrhea, constipation or unusual bowel movement?
- Y N 22. Pain or bleeding when having bowel movements?
- Y N 23. Any illness or injury not already noted?

Explain any "yes" answers on a separate sheet (see receptionist).

# BYU–HAWAII HEALTH CENTER OFFICE POLICY

## OFFICE HOURS

The Health Center is open Monday through Friday between the hour of 8:00 a.m. – 12:00 p.m. and 2:00 p.m. – 5:00 p.m. Patient appointments are scheduled during these times.

## APPOINTMENTS

- Patients are seen by appointment only. Walk-in patients will be scheduled for an appointment upon availability. If you require immediate medical attention, please call the Health Center as early in the day as possible so that arrangements can be made to accommodate your health care needs.
- If you are unable to keep your scheduled appointment, please let us know as far in advance as possible. Your thoughtfulness will allow us to accommodate other patients who may wish to be seen.

## BILLING OF SERVICES AND CLAIMS FILING

Charges for services are billing monthly. The Health Center participates with the following insurance carriers:

- DMBA – Student Plan, Managed Care, and Student Plan through BYU
- Blue Cross/Blue Shield
- HMSA
- HMSA Quest
- Medicare

Insurance payments for these plans will be made directly to the Health Center. Any amount due after insurance payments have been posted will be billed to you. Our participation with these insurance companies does not guarantee insurance payment.

**You are financially responsible for any services rendered at the Health Center that are denied payment from your insurance company. You must pay your balance in full by the end of each semester in order to register for the next semester.**

## OTHER INSURANCE

- We required a \$10 co-payment at the time of service.
- An insurance claim will be sent to you within two weeks of the date of service so can file the claim directly with your insurance company and receive reimbursement for those services.
- You are financially responsible for any services rendered at the Health Center and are given until the end of the current semester to pay all debts owed in full.

## MEDICATION REFILLS

- The Health Center requires 24 hours notice for refill requests, except in cases of emergency.
- If you are on routine medications, please check your medication supply before ordering refills to make sure you have enough medication to last 48 hours prior to ordering.

## IN CASE OF EMERGENCIES

The Health Center is closed in the evenings, weekends and holidays. For life-threatening emergencies when the Health Center is closed, go immediately to the closest emergency room or call 911 to request an ambulance. The closest emergency room to Laie is Kahuku Hospital. If after-hour urgent medical advice is needed, please call the BYU – Hawaii Security Office at 675-3911. The Security Office will be able to help you reach after-hour advice medical personnel.

## NOTICE OF CONFIDENTIALITY PRACTICES

**This notice deals with the sharing of information from your medical records. PLEASE READ CAREFULLY.**

This notice describes your confidentiality rights as they relate to information from your medical records and explains the circumstances under which information from your medical records may be shared with others. The information in this notice also applies to others covered under your health plan, such as your spouse or children. If you do not understand the terms for this notice, please ask for further explanation (Chapter 323c HRS).

- **YOUR RIGHTS**

Under the new HIPPA law, you have the right to:

- Inspect and request copies of your medical records or to appeal any denial of your request for inspection or copying.
- Request that your health care provider append information to your medical record.
- Receive a notice of your privacy rights by your health plan upon enrollment, annually and when their confidentiality practices are substantially amended.
- Obtain a copy of this office's confidentiality practices.

- **USES OF INFORMATION**

This office uses your protected health information to provide you with health care services. Under the law, your health information may also be used by such entities as health plans for the following purposes.

- Payment to physicians and hospitals who provide you with health care.
- Conducting quality assurance activities or outcomes assessment.
- Reviewing the competence or qualification of health care professionals.
- Performing accreditation, licensing or credentialing activities.
- Analyzing health plan claims or health care records data.
- Evaluating provider clinical performance.
- Carrying out utilization management.
- Conducting or arranging auditing services in accordance with statute, rule or accreditation requirements.

Except for the purposes outlined above, your health information may not be disclosed without your authorization.

- **LIMITING DISCLOSURE OF YOUR PROTECTED HEALTH INFORMATION**

You have the right to limit disclosure of your protected health information if you choose to not use any health insurance or other third party payment as payment for services. In which case, you may only limit disclosure if you have advised the physician prior to the delivery of services and have paid for the health care services yourself.

I, the undersigned, state that I have read, understood and agree to all the terms listed above, **including the Notice of Confidentiality Practices.**

Signature: \_\_\_\_\_

PATIENT, PARENT OR LEGAL GUARDIAN

Date: \_\_\_\_\_

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**ACKNOWLEDGEMENT OF RECEIPT OF PRIVACY NOTICE  
PERMISSION TO RELEASE MEDICAL INFORMATION TO  
PARENT(S)/SPOUSE/OTHER**

FOR OFFICE USE ONLY Patient Name: _____ Account #: _____ Date of Visit: _____
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By signing this form, you acknowledge that the BYU – Hawaii Health Center has given you a copy or you have been offered a copy of the BYU – Hawaii Student Health Center’s Notice of Privacy Practices which explains how your health information will be handled in various situations.

If your first date of service with us was due to an emergency, we must try to give you this notice and get your signature acknowledging receipt of this notice as soon as we can after the emergency. If you have any questions, please feel free to talk with one of our personnel.

**Check all that are true:**

- I have received the BYU–Hawaii Health Center’s Privacy Notice.
- The BYU – Hawaii Health Center has given me the chance to discuss any concerns and questions about the privacy of my health information.

I give permission to the BYU – Hawaii Health Center to release information from my medical records to (print name of parent(s), spouse or other):

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_  
Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
PATIENT, PARENT OR LEGAL GUARDIAN (if signed by other than individual, state relationship)

**BYU–Hawaii Health Center staff should complete if Acknowledgement Form is not signed:**

- 1. Does patient have a copy of the Privacy Notice?  Yes  No
- 2. Please explain why the patient was unable to sign an Acknowledgement Form:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
Health Center Staff Member